

DAILY PRAYERS

How the head of the family should teach those in his household to pray morning and evening, to ask a blessing, and to say grace at meals.

Morning Prayer

In the name of God the Father, Son, and Holy Spirit. Amen.

I thank you, my heavenly Father, through Jesus Christ, your dear Son, that you have kept me this night from all harm and danger. Keep me this day also from sin and every evil, that all my doings and life may please you. Into your hands I commend my body and soul and all things. Let your holy angel be with me, that the wicked foe may have no power over me. Amen.

Evening Prayer

In the name of God the Father, Son, and Holy Spirit. Amen.

I thank you, my heavenly Father, through Jesus Christ, your dear Son, that you have graciously kept me this day. Forgive me all my sins, and graciously keep me this night. Into your hands I commend my body and soul and all things. Let your holy angel be with me, that the wicked foe may have no power over me. Amen.

To Ask a Blessing

The eyes of all look to you, O Lord, and you give them their food at the proper time. You open your hand and satisfy the desires of every living thing. Amen.

Lord God, heavenly Father, bless us through these gifts which we receive from your bountiful goodness, through Jesus Christ, our Lord. Amen.

Come, Lord Jesus, be our guest, and let these gifts to us be blest. Amen.

To Say Grace

Give thanks to the Lord, for he is good; his love endures forever. Amen.

Lord God, heavenly Father, we thank you for all your gifts, through Jesus Christ, our Lord. Amen.¹

¹ Luther, M. (2017). [*Luther's Catechism: The Small Catechism of Dr. Martin Luther, New International Version*](#) (Anniversary Edition, pp. 16–17). Milwaukee, WI: Northwestern Publishing House.